

WHAT IS CLAIMED IS:

1. A method for providing assistance in recreating a digital image file on a user computer from information obtained over a communication network retained at a remote location with respect to said image file, comprising:
 - analyzing a user storage device in a user computer over said communication network so as to obtain low resolution digital image files of high resolution digital image files stored on said storage device and storage parameters of the high resolutions digital image files;
 - storing said low resolution digital image files and said storage parameters at a remote server of a provider; and
 - transmitting said image storage parameters over a communication network to said user computer so as to assist in reconstructing the high resolution digital image files in said user storage device.
2. The method according to claim 1 wherein said storage parameters comprises data structure information of said high resolution digital image files.
3. A method according to claim 1 wherein said storage parameters are updated at routine communication intervals.
4. A system for providing assistance in recreating a digital image file on a user computer from information obtained over a communication network retained at a remote location with respect to said image file, comprising:
 - a provider having a provider computer that analyzes a user storage device in said user computer over said communication network so as to obtain low resolution digital image files of high resolution digital image files stored on said storage device and storage parameters of the high resolutions digital image files;
 - said provider storing said low resolution digital image files and said storage parameters at a remote server of a provider; and
 - said provider transmitting said image storage parameters over a communication network to said user computer so

as to assist in reconstructing the high resolution digital image files in said user storage device.

5. The system according to claim 1 wherein said storage parameters comprises data structure information of said high resolution digital image files.

6. A method according to claim 4 wherein said storage parameters are updated at routine communication intervals.